Oafe Menu

Breakfast MENU

### **AVAILABLE UNTIL 11AM**

#### BREAKFAST

CORN & ZUCCHINI FRITTERS (V)(GF)
Poached Eggs, Rocket, Tomato & Chilli Chutney,
Pesto

LONG REEF BREAKFAST Eggs any way, Bacon, Sausage, Mushroom, Tomato, Hashbrowns, Sourdough

EGGS ANY WAY (V)
Eggs any way, Sourdough (Side options below)

BENNY BREAKY BUN Bacon, Tomato & Chilli Chutney, Rocket, Fried Egg, Hollandaise

SCRAMBLED CHILLI EGGS Scrambled Eggs, Lemon Infused Chilli Oil, Chorizo, Cherry Tomatoes, Sourdough

EGGS BENEDICT Choice of Bacon or Smoked Salmon, Hollandaise, Sweet Paprika, Sourdough

VEGGIE STACK (V) Smashed Avocado, Poached Eggs, Danish Feta, Spinach, Pumpkin Seeds, Pesto, Cherry Tomatoes, Sourdough

MUSHROOM BRUSCHETTA (V)
Sauteed Mushrooms, Danish Feta, Wilted Spinach
Truffle Oil, Sourdough

GRANOLA BOWL (V)
House Granola, Pear & Rhubarb Compote,
Coconut Yoghurt, Fresh Berries
BUTTERMILK PANCAKES (V)

Fresh Strawberries, Maple Syrup,
Vanilla Ice Cream

SIDES
Poached Egg
Hash Brown, Spinach, Mushrooms,
Sautéed Cherry Tomatoes
Bacon, Avocado, Grilled Haloumi

OPENING HOURS

MON, TUES & THURS: 9:00AM - 3:00PM

WED: 9:00AM - 5:00PM

FRI: 9:00AM - 8:00PM

SAT & SUN: 8:00AM - 5:00PM

#### COLD DRINKS

## MILKSHAKES

25

30

16

16 Regular 8 Mega 10 Chocolate, Vanilla, Strawberry or Caramel

SMOOTHIES 10
Mango, Banana or Mixed Berry

ICED DRINKS 9
Iced Coffee, Iced Chocolate, Iced Mocha

BOTTLE COLD

PRESSED JUICES 7.50

Eagle Eye
Carrot, Apple, Orange, Pineapple, Lemon, Turmeric
Sweet Cheeks

22 Watermelon, Apple, Cucumber, Raspberry, Lime
Green with Envy

Apple, Celery, Spinach, Kale, Lemon, Cucumber, Parsley

BANANA BREAD 6.50

FRUIT & NUT BREAD 6.50

SWEET BREADS

GOCONUT RASPBERRY
BREAD (GF)
7.50

Gluten Free Bread Available

6

3

20

18



Smoked Salmon, Grilled Haloumi, Falafel

# AVAILABLE FROM 11AM

		ATTAILED DE L'INCHI TIAM	
STARTERS & SHARING		MAINS	
MEZZE PLATE (V) Whipped Feta, Beetroot Tzatziki, Hummus, Mixed Olives, Sundried Tomatoes, Pita	27	FISH CAKES Crumbed Fresh Salmon, Herb Potato, Green Salad, Sour Cream	27
SALT & PEPPER CALAMARI Spiced Sea Salt, Pepper, Aioli	21	LOCAL MUSSELS White Wine Sauce, Baguette	28
COCONUT CRUSTED PRAWNS (8) Mango Chilli Dipping Sauce	21	250g RUMP STEAK Chips, Garden Salad Choice of Peppercorn Sauce or Rich Gravy	32
KUMERA CHIPS (V) Sweet Chilli Sauce & Sour Cream	12	FISH & CHIPS Freshly Beer Battered NZ Hoki Fillets,	30
CHIPS (Ve)	10	Chips, Tartare, Lemon	
GARLIC BREAD (V)  FLATBREADS	10	GRILLED FISH OF THE DAY (Gfo) Grilled Fish, Lemon Butter with a choice of	30
ROAST PUMPKIN (V)		Chips or Garden Salad	
Caramelised Red Onion, Mozzarella, Rocket, Pine Nuts	22	PAN FRIED BARRAMUNDI (GF) Broccolini, Roasted Chat Potatoes, Caper Dressing	36
TRUFFLE MUSHROOM (V)  Mushroom, Mozzarella, Oregano, Garlic Butter,  Truffle Oil	22	CHILLI PRAWN LINGUINE Prawns, Cherry Tomatoes, Parsley, Rocket, Chilli Oil	36
SALAMI Roast Capsicum, Mozzarella, Italian Herbs	22	ANGUS BEEF BURGER Bacon, Pickle, Lettuce, Tomato, American Cheese, Smokey BBQ Sauce, Chips	27
GARLIC PRAWN Cherry Tomatoes, Mozzarella, Chilli Flakes	25	HERB CRUSTED CHICKEN SCHNITZEL	27
SALAD BOWLS		Chips, Rocket & Parmesan Salad, Rich Gravy	
HARVEST BOWL (V) Maple Roasted Pumpkin, Pearl Cous Cous, Pecan Nuts, Mixed Leaves, Green Olives, Danish Feta, Pesto Dressing	22	HALOUMI STACK (V) Smashed Avo, Grilled Haloumi, Danish Feta, Spinach, Pumpkin Seeds, Cherry Tomatoes, Pesto, Sourdough	28
CRUNCHY BOWL (GF) (Ve) Snowpeas, Bean Sprouts, Wombok, Carrot, Edamame, Ginger, Fried Shallots, Soy Vinaigrette	22	STEAK SANDWICH Caramelised Onion, Lettuce, Swiss Cheese, Pickles, Chutney, Aioli, Chips	28
SOBA NOODLE BOWL (Ve) Iceberg Lettuce, Wombok, Red Onion, Carrot, Parsley, Mint, Coriander, Edamame, Red Capsicum, Soba Noodles, Bean Sprouts, Cashew Crunch,	22	KIDS LUNCH MENU	
		GRILLED CHICKEN SALAD (GF)	17
		FISH & CHIPS	
Miso Sesame Dressing		CHICKEN TENDERS & CHIPS	
ADD YOUR CHOICE OF PROTEIN Grilled Garlic Prawns, S&P Calamari, Grilled Chicker	8	CHEESE BURGER & CHIPS	



LONG REEF GOLF CLUB

