

LONG REEF GOLF CLUB

Cafe Menu



Breakfast

MENU

AVAILABLE UNTIL 11AM

BREAKFAST

SMASHED AVO Fresh Tomato Salsa, Basil Oil, Lemon	16
CORN & ZUCCHINI FRITTERS (V)(GF) Poached Eggs, Rocket, Tomato & Chilli Chutney, Pesto	25
LONG REEF BREAKFAST Eggs any way, Bacon, Sausage, Mushroom, Tomato, House Baked Beans, Hashbrowns, Sourdough	30
EGGS ANY WAY (V) Eggs any way, Sourdough (Side options below)	16
BENNY BREAKY BUN Bacon, Tomato & Chilli Chutney, Rocket, Fried Egg, Hollandaise	17
BREAKFAST BURGER Fried Egg, House Made Sausage Patty, American Cheese, Hashbrown, Aioli	17
EGGS BENEDICT Choice of Bacon or Smoked Salmon, Hollandaise, Sweet Paprika, Sourdough	24
VEGGIE STACK (V) Smashed Avocado, Poached Eggs, Danish Feta, Spinach, Pumpkin Seeds, Pesto, Cherry Tomatoes, Sourdough	28
MUSHROOM BRUSCHETTA (V) Sautéed Mushrooms, Danish Feta, Wilted Spinach Truffle Oil, Sourdough	22
GRANOLA BOWL (V) House Granola, Pear & Rhubarb Compote, Coconut Yoghurt, Fresh Berries	20
BUTTERMILK PANCAKES (V) Fresh Strawberries, Maple Syrup, Vanilla Ice Cream	18
SIDES	
Poached Egg	3
Hash Brown, Spinach, Mushrooms, Bacon, Sautéed Cherry Tomatoes, Avocado Or Grilled Haloumi	6
Gluten Free Bread Available	3

OPENING HOURS

MON, TUES & THURS: 9:00AM - 3:00PM
WED: 9:00AM - 5:00PM
FRI: 9:00AM - 8:00PM
SAT & SUN: 8:00AM - 5:00PM

COLD DRINKS

MILKSHAKES

Regular	8
Mega	10
Chocolate, Vanilla, Strawberry or Caramel	

SMOOTHIES	10
Mango, Banana or Mixed Berry	

ICED DRINKS	9
Iced Coffee, Iced Chocolate, Iced Mocha	

BOTTLED 'NECTAR COLD PRESSED' JUICES	8
Selection Available at Counter	

SWEET BREADS

BANANA BREAD	7
FRUIT & NUT BREAD	7
COCONUT RASPBERRY BREAD (GF)	8

Sunday & Public Holidays incur a 10% Surcharge. Our menu contains allergens and is prepared in a kitchen that handles nuts, shellfish, gluten and eggs. Whilst all reasonable efforts are taken to accommodate guest dietary needs, we cannot guarantee that our food will be allergen free.

Lunch MENU

STARTERS & SHARING

MEZZE PLATE (V)	30
Babaganoush, Beetroot Tzatziki, Hummus, Mixed Olives, Haloumi, Sundried Tomatoes, Pita	
SALT & PEPPER CALAMARI	22
Spiced Sea Salt, Pepper, Aioli	
COCONUT CRUSTED PRAWNS (8)	22
Mango Chilli Dipping Sauce	
KUMERA CHIPS (V)	12
Sweet Chilli Sauce & Sour Cream	
CHIPS (Ve)	11
GARLIC BREAD (V)	10

FLATBREADS

ROAST PUMPKIN (V)	23
Caramelised Red Onion, Mozzarella, Rocket, Pine Nuts, Pesto	
PROSCIUTTO	23
Pomodoro, Rocket, Mozzarella, Basil Oil	
PERI PERI CHICKEN	23
Roast Capsicum, Mozzarella, Red Onion, Peri Peri Sauce	
GARLIC PRAWN	25
Cherry Tomatoes, Mozzarella, Chilli Flakes	

SALAD BOWLS

HARVEST BOWL (V)(GFO)	22
Maple Roasted Pumpkin, Pearl Cous Cous, Pecan Nuts, Mixed Leaves, Green Olives, Danish Feta, Pesto Dressing	
CRUNCHY BOWL (Ve)(GF)	22
Snowpeas, Bean Sprouts, Wombok, Carrot, Edamame, Ginger, Fried Shallots, Soy Vinaigrette	
SOBA NOODLE BOWL (Ve)	22
Iceberg Lettuce, Wombok, Red Onion, Carrot, Parsley, Mint, Coriander, Edamame, Red Capsicum, Soba Noodles, Bean Sprouts, Cashew Crunch, Miso Sesame Dressing	
ADD YOUR CHOICE OF PROTEIN	8
Grilled Garlic Prawns, S&P Calamari, Grilled Chicken, Smoked Salmon, Grilled Haloumi, Falafel	

AVAILABLE FROM 11AM

MAINS

TERIYAKI SALMON FILLET (GF)	37
Teriyaki Glazed Salmon, Roasted Chat Potatoes, Green Bean Salad, Japanese Dressing	
LOCAL MUSSELS	29
White Wine Sauce, Baguette	
250g RUMP STEAK	32
Chips, Garden Salad Choice of Peppercorn Sauce or Rich Gravy	
GOATS CHEESE GNOCCHI (V)	32
Sundried Tomatoes, Spinach, Sage Leaves, Pine Nuts	
FISH & CHIPS	30
Freshly Beer Battered NZ Hoki Fillet, Chips, Tartare, Lemon	
BRAISED LAMB SHANK (GF)	37
Creamy Mash, Grilled Zucchini, Red Wine Sauce	
PAN FRIED BARRAMUNDI (GFO)	37
Caponata, Green Beans, Kumera Crisps	
CHILLI PRAWN LINGUINE	36
Prawns, Cherry Tomatoes, Parsley, Rocket, Chilli Oil	
SOUTHERN FRIED CHICKEN BURGER	27
Cos Lettuce, Tomato, Red Onion, Peri Peri Sauce	
ANGUS BEEF BURGER	27
Bacon, Pickle, Lettuce, Tomato, American Cheese, Smokey BBQ Sauce, Chips	

HERB CRUSTED CHICKEN SCHNITZEL	28
Chips, Rocket & Parmesan Salad, Rich Gravy	

STEAK SANDWICH	28
Caramelised Onion, Lettuce, Swiss Cheese, Pickles, Chutney, Aioli, Chips	

KIDS LUNCH MENU

GRILLED CHICKEN SALAD (GF)	17
FISH & CHIPS	
CHICKEN TENDERS & CHIPS	
CHEESE BURGER & CHIPS	

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A low-angle, upward-looking photograph of two palm trees against a clear, light blue sky. The palm fronds are dark green and detailed, with some showing signs of aging or damage. The composition is symmetrical, with the trees framing the central text.

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