

LONG REEF GOLF CLUB

Cafe Menu



Breakfast

MENU

AVAILABLE UNTIL 11AM

BREAKFAST

SIMPLY AVO (Ve)	16
Fresh Cherry Tomatoes, Basil Oil, Lemon, Sourdough	
CORN & ZUCCHINI FRITTERS (V)(GF)	25
Poached Eggs, Rocket, Tomato & Chilli Chutney, Pesto, Pine Nuts	
LONG REEF BREAKFAST	30
Eggs any way, Bacon, Sausage, Mushroom, Tomato, House Baked Beans, Hashbrowns, Sourdough	
EGGS ANY WAY (V)	16
Eggs any way, Sourdough (Side options below)	
BENNY BREAKY BUN	17
Bacon, Fried Egg, Rocket, Tomato & Chilli Chutney, Hollandaise	
BREAKFAST BURGER	17
Fried Egg, House Made Sausage Patty, American Cheese, Hashbrown, Aioli	
EGGS BENEDICT	24
Choice of Bacon or Smoked Salmon, Hollandaise, Sweet Paprika, Sourdough	
VEGGIE STACK (V)	28
Smashed Avocado, Poached Eggs, Danish Feta, Spinach, Pumpkin Seeds, Pesto, Cherry Tomatoes, Sourdough	
MUSHROOM BRUSCHETTA (V)	22
Sautéed Mushrooms, Danish Feta, Wilted Spinach Truffle Oil, Sourdough	
GRANOLA BOWL (V)	20
House Granola, Pear & Rhubarb Compote, Coconut Yoghurt, Fresh Berries	
BUTTERMILK PANCAKES (V)	18
Fresh Strawberries, Maple Syrup, Vanilla Ice Cream	
SIDES	
Poached Egg	3
Hash Brown, Spinach, Mushrooms, Bacon, Avocado	6
Sautéed Cherry Tomatoes Or Grilled Haloumi	
Gluten Free Bread Available	3

OPENING HOURS

MON, TUES & THURS: 9:00AM - 3:00PM

WED: 9:00AM - 5:00PM

FRI: 9:00AM - 8:00PM

SAT & SUN: 8:00AM - 5:00PM

COLD DRINKS

MILKSHAKES

Regular	8
Mega	10
Chocolate, Vanilla, Strawberry or Caramel	

SMOOTHIES	10
Mango, Banana or Mixed Berry	

ICED DRINKS	9
Iced Coffee, Iced Chocolate, Iced Mocha	

BOTTLED 'NECTAR COLD PRESSED' JUICES	8
Selection Available at Counter	

SWEET BREADS

BANANA BREAD	7
FRUIT & NUT BREAD	7
COCONUT RASPBERRY BREAD (GF)	8

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Lunch MENU

AVAILABLE FROM 11AM

STARTERS & SHARING

MEZZE PLATE (V)	30
Babaganoush, Beetroot Tzatziki, Hummus, Mixed Olives, Haloumi, Sundried Tomatoes, Pita	
SALT & PEPPER CALAMARI	22
Spiced Sea Salt, Pepper, Aioli	
COCONUT CRUSTED PRAWNS (8)	22
Mango Chilli Dipping Sauce	
KUMERA CHIPS (V)	12
Sweet Chilli Sauce & Sour Cream	
CHIPS (Ve)	11
GARLIC BREAD (V)	10

FLATBREADS

ROAST PUMPKIN (V)	23
Caramelised Red Onion, Mozzarella, Rocket, Pine Nuts, Pesto	
PROSCIUTTO	23
Pomodoro, Rocket, Buffalo Mozzarella, Basil Oil	
PERI PERI CHICKEN	23
Roast Capsicum, Mozzarella, Red Onion, Peri Peri Mayo	
GARLIC PRAWN	25
Cherry Tomatoes, Mozzarella, Chilli Flakes	

SALAD BOWLS

HARVEST BOWL (V)(GFO)	22
Maple Roasted Pumpkin, Pearl Cous Cous, Pecan Nuts, Mixed Leaves, Green Olives, Danish Feta, Pesto Dressing	
CRUNCHY BOWL (Ve)(GF)	22
Snowpeas, Bean Sprouts, Wombok, Carrot, Edamame, Ginger, Fried Shallots, Soy Vinaigrette	
SOBA NOODLE BOWL (Ve)	22
Iceberg Lettuce, Wombok, Red Onion, Carrot, Parsley, Mint, Coriander, Edamame, Red Capsicum, Soba Noodles, Bean Sprouts, Cashew Crunch, Miso Sesame Dressing	
ADD YOUR CHOICE OF PROTEIN	8
Grilled Garlic Prawns, S&P Calamari, Grilled Chicken, Smoked Salmon, Grilled Haloumi, Falafel	

MAINS

CHILLED SEAFOOD PLATE (FOR 2)	65
Oysters, Tiger Prawns, Mussels, Smoked Salmon, Mixed Leaf Salad, Marie Rose Sauce, Lemon, Fresh Baguette	
LOCAL MUSSELS	32
White Wine Sauce, Baguette	
BUCKET OF PRAWNS (8)	32
Fresh Whole Tiger Prawns, Marie Rose Sauce, Lemon	
250g RUMP STEAK	34
Chips, Garden Salad	
Choice of Peppercorn Sauce or Rich Gravy	
GOATS CHEESE GNOCCHI (V)	32
Sundried Tomatoes, Spinach, Sage Leaves, Pine Nuts	
FISH & CHIPS	30
Freshly Beer Battered NZ Hoki Fillet, Chips, Tartare, Lemon	
LAMB SOUVLAKI	30
Marinated Lamb Skewers, Greek Salad, Pita, Chips, Tzatziki	
PAN FRIED BARRAMUNDI (GFO)	38
Chat Potatoes, Broccolini, Lemon Butter	
CHILLI PRAWN LINGUINE	36
Prawns, Cherry Tomatoes, Parsley, Rocket, Chilli Oil	
SOUTHERN FRIED CHICKEN BURGER	28
Cos Lettuce, Tomato, Red Onion, Peri Peri Mayo, Chips	
ANGUS BEEF BURGER	28
Bacon, Pickle, Lettuce, Tomato, American Cheese, Smokey BBQ Sauce, Chips	

HERB CRUSTED CHICKEN SCHNITZEL	29
Chips, Rocket & Parmesan Salad, Rich Gravy	
STEAK SANDWICH	29
Caramelised Onion, Lettuce, Swiss Cheese, Pickles, Chutney, Aioli, Chips	

KIDS LUNCH MENU

GRILLED CHICKEN SALAD (GF)	17
FISH & CHIPS	
CHICKEN TENDERS & CHIPS	
CHEESE BURGER & CHIPS	

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