

LONG REEF GOLF CLUB

# Cafe Menu



# Breakfast

## MENU

AVAILABLE UNTIL 11AM

### BREAKFAST

**SIMPLY AVO (Ve)** 16  
Fresh Cherry Tomatoes, Basil Oil, Lemon, Sourdough

**CORN & ZUCCHINI FRITTERS (V)(GF)** 26  
Poached Eggs, Rocket, Tomato & Chilli Chutney, Smashed Avocado, Pine Nuts

**LONG REEF BREAKFAST** 30  
Eggs any way, Bacon, Sausage, Mushroom, Tomato, House Baked Beans, Hashbrowns, Sourdough

**EGGS ANY WAY (V)** 16  
Eggs any way, Sourdough (Side options below)

**BENNY BREAKY BUN** 18  
Bacon, Fried Egg, Rocket, Tomato & Chilli Chutney, Hollandaise

**BREAKFAST BURGER** 18  
Fried Egg, House Made Sausage Patty, American Cheese, Hashbrown, Aioli

**EGGS BENEDICT** 25  
Choice of Bacon or Smoked Salmon, Hollandaise, Sweet Paprika, Sourdough (I)

**VEGGIE STACK (V)** 29  
Smashed Avocado, Poached Eggs, Danish Feta, Spinach, Pumpkin Seeds, Pesto, Cherry Tomatoes, Sourdough

**MUSHROOM BRUSCHETTA (V)** 23  
Sautéed Mushrooms, Danish Feta, Wilted Spinach, Truffle Oil, Sourdough

**GRANOLA BOWL (V)** 21  
House Granola, Pear & Rhubarb Compote, Coconut Yoghurt, Fresh Berries

**BUTTERMILK PANCAKES (V)** 18  
Fresh Strawberries, Maple Syrup, Vanilla Ice Cream

### SIDES

Poached Egg 3

Hash Brown, Spinach, Mushrooms, Bacon, Avocado, 6

Sautéed Cherry Tomatoes Or Grilled Haloumi

Gluten Free Bread Available 3

### OPENING HOURS

MON, TUES & THURS: 9:00AM - 3:00PM

WED: 9:00AM - 5:00PM

FRI: 9:00AM - 8:00PM

SAT & SUN: 8:00AM - 5:00PM

### COLD DRINKS

#### MILKSHAKES

Regular 8  
Mega 10  
Chocolate, Vanilla, Strawberry or Caramel

#### SMOOTHIES

Mango, Banana or Mixed Berry 10

#### ICED DRINKS

Iced Coffee, Iced Chocolate, Iced Mocha 9

#### BOTTLED 'NECTAR COLD PRESSED' JUICES

Selection Available at Counter 8

### SWEET BREADS

#### BANANA BREAD

8

#### FRUIT & NUT BREAD

8

#### COCONUT RASPBERRY BREAD (GF)

9

*Our Seafood is labelled using the following method:  
A - Australian.  
I - Imported.  
M - Mixed.*

# Lunch

## MENU

AVAILABLE FROM 11AM

### STARTERS & SHARING

<b>MEZZE PLATE (V)</b>	30
Babaganoush, Beetroot Tzatziki, Hummus, Mixed Olives, Haloumi, Sundried Tomatoes, Pita	
<b>SALT &amp; PEPPER CALAMARI</b>	22
Calamari, Spiced Sea Salt, Pepper, Aioli (I)	
<b>COCONUT CRUSTED PRAWNS (8)</b>	22
Prawns, Mango Chilli Dipping Sauce (I)	
<b>KUMERA CHIPS (V)</b>	13
Aioli	
<b>CHIPS (Ve)</b>	12
<b>GARLIC BREAD (V)</b>	10

### FLATBREADS

<b>ROAST PUMPKIN (V)</b>	23
Caramelised Red Onion, Mozzarella, Rocket, Pine Nuts, Pesto	
<b>SALAMI</b>	23
Pomodoro, Rocket, Mozzarella, Basil Oil	
<b>PERI PERI CHICKEN</b>	23
Roast Capsicum, Mozzarella, Red Onion, Peri Peri Mayo	
<b>GARLIC PRAWN</b>	25
Garlic Prawns, Cherry Tomatoes, Mozzarella, Chilli Flakes (I)	

### SALAD BOWLS

<b>WARM THAI BEEF SALAD (GF)</b>	28
Mixed Leaves, Cherry Tomatoes, Red Capsicum, Red Onion, Mint, Coriander, Begum Vermicelli, Nam Jim Dressing	
<b>HARVEST BOWL (V)(GFO)</b>	22
Maple Roasted Pumpkin, Pearl Cous Cous, Pecan Nuts, Mixed Leaves, Green Olives, Danish Feta, Pesto Dressing	
<b>CRUNCHY BOWL (Ve)(GF)</b>	22
Snowpeas, Bean Sprouts, Wombok, Carrot, Edamame, Ginger, Fried Shallots, Soy Vinaigrette	
<b>ADD YOUR CHOICE OF PROTEIN</b>	8
Grilled Garlic Prawns, S&P Calamari, Grilled Chicken, Smoked Salmon, Grilled Haloumi, Falafel (I)	

### MAINS

<b>PAN-FRIED CRUMBED PORK CUTLET</b>	38
Buttered Cabbage, Mash Potato, Dijon Sauce	
<b>LOCAL MUSSELS</b>	34
Mussels, White Wine Sauce, Frites (A)	
<b>250g RUMP STEAK</b>	38
Mash, Broccolini, Tobacco Onions Choice of Peppercorn Sauce or Rich Gravy	
<b>GOATS CHEESE GNOCCHI (V)</b>	33
Sundried Tomatoes, Spinach, Sage Leaves, Pine Nuts	
<b>FISH &amp; CHIPS</b>	30
Freshly Beer Battered Hoki Fillet, Tartare, Lemon, Chips (A)	
<b>LAMB SOUVLAKI</b>	32
Marinated Lamb Skewers, Greek Salad, Pita, Mint Tzatziki, Chips	
<b>PAN FRIED BARRAMUNDI (GFO)</b>	40
Barramundi, Chat Potatoes, Broccolini, Lemon Butter (A)	
<b>CHILLI PRAWN LINGUINE</b>	38
Prawns, Cherry Tomatoes, Parsley, Rocket, Chilli Oil (I)	
<b>FRIED BARRA BURGER</b>	29
Barramundi, Cos Lettuce, Tomato, Red Onion, Tartare, Chips (A)	
<b>ANGUS BEEF BURGER</b>	29
Bacon, Pickle, Lettuce, Tomato, American Cheese, Smokey BBQ Sauce, Chips	
<b>HERB CRUSTED CHICKEN SCHNITZEL</b>	30
Rocket & Parmesan Salad, Rich Gravy, Chips	
<b>STEAK SANDWICH</b>	30
Caramelised Onion, Lettuce, Swiss Cheese, Pickles, Chutney, Aioli, Chips	

### KIDS LUNCH MENU (UNDER 12)

<b>FISH &amp; CHIPS (A)</b>	16
<b>CHICKEN TENDERS &amp; CHIPS</b>	
<b>CHEESE BURGER &amp; CHIPS</b>	

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